

# What I've Been Up To: Letter to Family & Friends

by Sterling D. Allan, 228033

April 2, 2023

Here's a brief update of what I've been doing during the 7.2 years I've been incarcerated, where I've been able to devote significant time to studying and writing around 6 pp./day on average. You won't be surprised to know that my focus this whole time has been to help bring about what I call the repentance clause (r.c.) of prophecy that says if a sufficient core of society repents, thanks to Jesus Christ, then the destructions and captivity to which we are headed will be averted, and we can go straight to the kingdom of heaven on earth without hitting rock bottom first.

As I've pursued this cause with rigor/zeal/focus /passion, true to the Alma 32 teachings about planting & nurturing the seed of faith, my faith has grown to a full knowledge (32:34,35,42) that this is a good/divine cause that I was foreordained to help materialize.

Enclosed is a list of "Sterling Editorials for Epoch Times" that I've composed in the last ten months. It also mentions the book I wrote on this subject, available from my site, IndComing.com ( $\rightarrow$ .org).

In the last few days, the mother of my inmate friend (Sam), Mary Young, who, nearly a year ago, agreed to correct the book erratum and re-scanned it to PDF (but neither Nate nor Kevin would take the 2 minutes to replace the error (<by them> version, even till now)); then scanned my editori-

(2)

als and blog posts to PDF and permitted me to give her contact info out so people could get these from her (but no one had contacted her for these until 2 weeks ago, when Dad finally contacted her; and as a result of that conversation →); has (of her own initiative) agreed to learn how and build out the site to make all these things available. Though she's a Liberal Democrat who doesn't agree with me on many points, she thinks I deserve to be heard, to her credit. Her husband of four years is a Trump-Republican.

I've also had some great music opportunities here, playing piano & organ for worship services, performing in talent shows, and singing in choirs (including with the Tabernacle Choir's Mack Wilberg in Draper > Wasatch). I've learned some basic guitar skills but don't seem to have a gift there. I've only been kicked out/banned from the chapel (for ridiculously petty stuff such as going back to watch the rest of "Christmas Jars" on Christmas Eve, after poll line(inusion)) five times!

Physically, I've enjoyed playing tennis, handball, and jogging. My testing positive for COVID-19 3x were all with the mildest of symptoms, thanks to Vit. C, D and Zn supplement, as well as having a positive attitude. Didn't get vaccinated, thankfully.

I've been able to take some great classes and read some fantastic books - favorite being The Power of the Subconscious Mind by Joseph P. Murphy. My pancreas is showing signs of healing.

My most recent prison photo is pretty decent. Doesn't look like a mug shot.

ACTION! You're welcome/encouraged to share/propagate this post and adopt the great concepts that the Spirit conveys as being good. — Sterling D. Allan #LatestFromSterlingDAllan