

Create Military Release Training Program

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In pondering on Veterans' Day about the many problems that returning veterans face, I had an idea that seems to have merit for mitigating these problems.

Why ~~we~~ don't we create a decompression time of training for 3 to 6 months in preparation for soldiers to return to civilian life. This CivLife training should include psychological analysis, treatment and instruction in coping mechanisms. Many of them are going to have PTSD.

It should also include a transition program to make sure the soldier is set up with a job/career, housing, and a support group. This should include helping the soldier find what their unique mission in life entails, so they can embrace what they are gifted at and find great joy therein.

Some soldiers are going to take longer than others. A few won't even need such a program. Participation should be voluntary. But a minimum of one week should be required to provide the soldier with a minimal set of tools and information to be able to integrate well into society.

What do you think?

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